

JŌY COACHING

Just Ōptimise Yourself

Cookie Policy

Effective from 18 August 2026

joycoaching.co.za · lody@joycoaching.co.za · +27 076 572 4282

This policy is effective from [LAUNCH DATE] and applies to the website at joycoaching.co.za.

1. What cookies are

Cookies are small text files that a website places on your device when you visit. They help the site remember basic things — whether you've submitted a form, whether your session is active — so pages work correctly.

2. What we use cookies for

Only essential purposes. Specifically:

- **Site function.** WordPress sets a small number of cookies needed to display pages correctly and to keep the site secure — for example, to protect against basic form-submission abuse.
- **Form security.** Our contact form on the /your-people page uses Contact Form 7, which sets a single cookie ('_wpcf7') to help prevent spam submissions. This cookie contains no personal information.

3. What we don't use cookies for

- Tracking you across the web.
- Advertising or retargeting.
- Building a profile of your interests.
- Third-party analytics that identify individual visitors.

No advertising cookies, no retargeting pixels, no marketing trackers, no social-media widgets that record who you are. If any of that changes, this page will be updated and a full consent banner will be added to the site before any new cookies are set.

4. Third-party services

This site loads the Poppins typeface from Google Fonts on every page. This makes a request to Google's servers (fonts.googleapis.com and fonts.gstatic.com) when the page loads. Google may log your IP address as part of that request. This is not a tracking cookie — it is a server call required to display the site's typography correctly — but we disclose it here in the interest of full transparency.

You can prevent Google Fonts requests by using a browser extension that blocks external font loading, or by using a browser with that feature built in. If you do, the site will fall back to your system's default font.

Our Discovery Conversation booking link opens on Calendly's own website (calendly.com) in a new browser tab. From that point, Calendly's own cookie and privacy policies apply — not ours. Calendly is not embedded on joycoaching.co.za.

5. How to control cookies

You can accept, block, or delete cookies through your browser settings. Every modern browser — Chrome, Safari, Firefox, Edge — gives you full control. Search your browser's help pages for "cookies" for step-by-step instructions.

If you block essential cookies, some parts of the site (for example, the contact form) may not work as expected. Everything on this site is browsable without accepting anything.

6. Changes to this policy

If we add cookies for any purpose beyond what is described above — for example, if we add site analytics, embedded video, or social-media widgets — this policy will be updated first, and a consent banner will be added to the top of the site before the new cookies are set.

7. Questions

For anything on this page — a question, a correction, a concern — contact Lody Serfontein directly.

- Email: lody@joycoaching.co.za
- WhatsApp: +27 076 572 4282